



Day In the Life Resource Sheet

This resource sheet has been created to accompany the Day in The Life Video Series as an Educational Resource to be used by teachers and employment service providers.

Multiple Purposes:

- Used within high school Careers Classes to showcase to students what some of the options available are outside of post-secondary education and get the conversation started while there is still plenty of time to make decisions.
- Utilized and promoted as a resource by students when given targeted careers projects.
- Use as part of a career explanation minute at beginning of class
- Showcases the work environment through firsthand stories allowing for questions to develop to explore these careers further
- A resource for Guidance Counsellors to aid in referrals to students who may be unsure of what they would like to pursue as a career and to showcase to them the daily life of some of these in demand positions.

Job Search Resources:

- Job Bank (<https://www.jobbank.gc.ca/home>)
 - Job Bank is Canada's national employment service, available as a website and mobile app. We help Canadians find work and plan their careers, and we make it easier for employers to recruit and hire across the country.
- Find your Job (<https://www.findyourjob.ca>)
 - Findyourjob.ca pulls job postings from various websites and digital job boards which represent a variety of sectors and communities.
- Apprenticeship Search (<https://www.apprenticesearch.com/>)
 - ApprenticeshipSearch.com is a free online job search and matching platform with an exclusive focus on apprenticeship trade positions in Canada.
- Ontario Skilled Trades (<https://www.ontario.ca/page/skilled-trades>)
 - Find a career you wouldn't trade. Learn how to become a tradesperson, find resources if you're an employer or currently working, and get job advice.
- Industry Associations (<https://bit.ly/industryassociations>) (Can also be found on Government of Canada Website if shortened link does not work)
 - A list of the National industry organizations within Canada with a description of what industry each association covers and links to their individual sites



Job Seeker Supports

- Share with clients
- Use in YJC Programs + YESS Programs
 - The Youth Job Connection program serves youth aged 15 to 29 who experience multiple and/or complex barriers to employment by providing more intensive supports beyond traditional job search and placement opportunities.
 - The Youth Employment and Skills Strategy (YESS) program provides funding to organizations to deliver a range of activities that help youth overcome barriers to employment and develop a broad range of skills and knowledge in order to participate in the current and future labour market.
- Use with newcomers who are curious about Canadian Work Permits and career shifting.

This resource sheet, alongside the Day in The Life video series, can be utilized to showcase to students and Job Seekers alike the opportunities that are currently available within the workforce and showcase what each role comprises of. Whether the person knows the career they want to go into or, someone who is still in the early stages, the Day in The Life series and the links listed above will aid in being able to make an informed decision. The video series itself covers a set number of specific positions, the links provided through CEC and BEP can act as a starting point for those who are beginning their career journey so that they are both informed and can find the right career for them.

Partner Organizations:



- Business & Education Partnership of Waterloo Region (<https://www.bepwr.ca/>)
 - BEP Waterloo Region is a charity that helps youth in grades 7 to 12: Explore their career options, set goals, identify pathways and begin to proactively manage their career journey.

- Career Education Council Guelph Wellington Dufferin (<http://www.careereducationcouncil.ca/>)
 - The Career Education Council is a registered charitable organization based in Guelph, Wellington, and Dufferin dedicated to providing youth with meaningful opportunities for experiential learning, career exploration, and skill development. We collaborate extensively with local employers, educators, and community partners to provide learning opportunities that will help youth to make more informed choices about their future education, training, and career pathway.

- Town of Minto (<https://town.minto.on.ca/>)



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